

16th ANNUAL
JOHN F. KENNEDY 50 MILE HIKE-RUN
SATURDAY NOVEMBER 18, 1978
STARTING TIME: 7:00 A.M.

Shortly after the winner of the 16th Annual JFK 50 Mile Hike-Run reaches the finish line at St. James School, our 1978 Champion will be awarded the Goodloe E. Byron Memorial Trophy. This trophy is being presented this year for the first time to honor the memory of the late congressman who finished this race seven times and, as a legislator, fought vigorously to preserve the natural setting of the Appalachian Trail and C&O Canal Towpath.

RECORDS

Course and Hike-Run Record:	5:55:30	Max White	1973
Women's Record:	8:19:07	Suzuko Medaglia	1977
Scholastic Record:	6:16:25	Karsten Schulz	1977
Age 60 & Over Record:	9:48:16	Walt Stack (66)	1974
Age 50 & Over Record:	7:07:59	Bill Jackson	1977
Age 40 & Over Record:	6:28:59	Peter Monahan (43)	1977
Age 15 & Under Record:	7:46:54	Brad Vaughn (15)	1975
Eldest Completed Hike-Run	Age 67	John Newdorp (4-29-10)	1977
Most Completed Hike-Runs	10	Kim Byron	
Most Hike-Run Victories	5	James Ebberts	
Most Women's Hike-Run Victories	6	Donna Aycoth	

JFK CHAMPIONS

1963	James Ebberts, Steve Costion, Rick Miller, Buzz Sawyer	13:10
1964	James Ebberts, Steve Costion, Wayne Vaughn	12:33
1965	James Ebberts, Buzz Sawyer, Elton Horst	10:39
1966	Elton Horst, Buzz Sawyer, Kenny Baker	10:21
1967	James Ebberts, Wayne Vaughn, Buzz Sawyer	10:03:40
1968	Leo Henry	10:02:12
1969	James Ebberts, Baxter Berryhill	8:32:04
1970	Baxter Berryhill	7:21:25
1971	Elton Horst	6:15:42
1972	Park Barner	6:29:27
1973	Max White	5:55:30
1974	Max White	6:06:19
1975	Angelo Gioiosa	6:27:58
1976	Pat Gill	5:59:28
1977	Ed Ayres	6:04:01

JFK WOMEN'S CHAMPIONS

1968	Donna Aycoth	10:41:15
1969	Donna Aycoth	9:27:31
1970	Donna Aycoth	9:45:15
1971	Donna Aycoth	9:29:48
1972	Donna Aycoth	9:48:30
1973	Donna Aycoth	8:26:07
1974	Nancy Keplinger	13:48:05
1975	Martha Hauver	10:27:26
1976	Sue Shepherd	9:35:10
1977	Suzuko Medaglia	8:19:07

HISTORY MAKING FIRSTS

First woman to finish the JFK-50	Donna Aycoth	1968
First Age 60 & Over to finish the JFK-50	Burnis Hicks	1973
First Age 50 & Over to finish the JFK-50	Dr. Jim Dobbie	1966
First Age 10 to finish the JFK-50	Galen Pryor	1969
First Blind Runner to finish the JFK-50	Tom Rothrock	1975
First U.S. Congressman to finish the JFK-50	Goodloe Byron	1971
First Member "250 Mile" Club	Buzz Sawyer	1968
First Woman Member "250 Mile" Club	Donna Aycoth	1972
First Member "500 Mile" Club	Kim Byron	1977

"500 MILE" CLUB
(1 Member)

<u>MEMBER</u>	<u>JFK'S COMPLETED</u>	<u>YEARS</u>	<u>BEST TIME</u>
Kim Byron	10	68-69-70-71-72-73-74-75-76-77	10:25:36 (1977)

"250 MILE" CLUB
(53 Members)

<u>MEMBER</u>	<u>JFK'S COMPLETED</u>	<u>YEARS</u>	<u>BEST TIME</u>
Mike Adams	9	65-69-71-72-73-74-75-76-77	7:14:45 (1977)
Si Reddick	9	69-70-71-72-73-74-75-76-77	8:38:12 (1974)
James Ebberts	8	63-64-65-67-69-73-76-77	7:06:41 (1977)
Leo Henry	8	67-68-69-73-74-75-76-77	8:00:36 (1973)
Cal Mahaney	8	70-71-72-73-74-75-76-77	10:23:38 (1975)
Ron Young	8	70-71-72-73-74-75-76-77	10:28:30 (1973)
Goodloe Byron	7	67-69-70-71-72-73-75	10:13:10 (1971)
Dave Frye	7	71-72-73-74-75-76-77	8:10:31 (1977)
Ling Louie	7	70-71-73-74-75-76-77	12:29:17 (1975)
Clater Smith	7	69-71-72-73-75-76-77	10:35:10 (1976)
Guy Whidden	7	65-66-67-68-69-70-71	10:46:35 (1970)
Donna Aycoth	6	68-69-70-71-72-73	8:26:07 (1973)
Dick Burgee	6	72-73-74-75-76-77	8:48:55 (1977)
Carl Cornett	6	72-73-74-75-76-77	8:35:56 (1977)
Chuck Fitz	6	69-71-73-74-75-76	8:25:29 (1976)
Eddie Glenn	6	69-70-71-73-74-76	10:13:15 (1973)
Shane Hutton	6	69-70-71-72-73-74	10:13:10 (1971)
Jim Lewis	6	72-73-74-75-76-77	11:08:35 (1977)
Buzz Sawyer	6	63-65-66-67-68-70	8:53:15 (1970)
Wayne Vaughn	6	64-65-67-68-69-72	7:12:02 (1972)
Fred Wandel	6	72-73-74-75-76-77	11:32:03 (1976)
Tom Whitesell	6	69-70-72-75-76-77	10:27:27 (1970)
Park Barner	5	72-73-74-75-76	6:23:53 (1973)
Joe Baummer	5	73-74-75-76-77	11:33:55 (1977)
Bruce Burnside	5	71-72-73-75-76	10:44:15 (1973)
Richard Busch	5	70-71-73-75-76	10:24:07 (1975)
Art Carey	5	71-72-73-74-76	9:04:20 (1971)
Howell Griswold	5	73-74-75-76-77	12:43:56 (1977)
Martha Hauver	5	69-71-72-73-75	10:27:26 (1975)
Ed Hruneni	5	73-74-75-76-77	8:58:12 (1977)
Forden Hughes	5	71-72-73-75-76	11:21:17 (1976)
Lanny Knight	5	72-73-75-76-77	7:31:36 (1977)
Dave Knode	5	70-71-75-76-77	8:56:43 (1977)
John Kurt	5	73-74-75-76-77	9:51:23 (1976)
Bill Law	5	72-73-74-75-76	9:30:39 (1976)
Paul Lewis	5	73-74-75-76-77	12:42:51 (1976)
Gill Martin	5	71-72-73-74-75	9:04:34 (1975)
Barbara Matthai	5	72-73-75-76-77	10:33:21 (1977)
Don Muffley	5	72-73-74-75-76	7:32:37 (1976)
Gary Naugle	5	71-72-73-74-75	7:40:48 (1975)
Galen Pryor	5	69-70-71-72-73	9:38:44 (1973)
Eddie Reddick	5	72-73-74-75-76	8:42:36 (1976)
Zane Reddick	5	72-73-75-76-77	11:13:02 (1976)
Ray Rickett	5	72-73-75-76-77	11:44:13 (1977)
Howard Ridenour	5	70-71-72-73-74	10:09:04 (1974)
Nelson Spangler	5	72-73-75-76-77	11:35:57 (1975)
Joe Spence	5	72-73-75-76-77	9:56:25 (1973)
Jack Spinnler	5	71-72-73-76-77	12:45:36 (1972)
Mike Spinnler	5	71-72-73-75-77	6:57:54 (1977)
James E. Starrs	5	72-73-74-75-76	12:10:33 (1975)
Brad Vaughn	5	71-72-73-74-75	7:46:54 (1975)
Ernie West	5	72-74-75-76-77	10:32:49 (1977)
Dick Wilson	5	73-74-75-76-77	10:40:48 (1975)



ED AYRES

1977

OPEN

CHAMPION

6HRS 4MIN 1SEC

THE JFK -50 ALL-TIME TOP 25

1.	MAX WHITE	5:55:30	1973
2.	PAT GILL	5:59:28	1976
3.	ED AYRES	6:04:01	1977
4.	RICK WARREN	6:12:20	1973
5.	ELTON HORST	6:15:42	1971
6.	KARSTEN SCHULZ	6:16:25	1977
7.	BRUCE NYSTROM	6:20:18	1977
8.t	KERRY GREEN	6:22:30	1977
8.t	JOHN HESS	6:22:30	1977
10.	PARK BARNER	6:23:53	1973
11.	ANGELO GIOIOSA	6:27:58	1975
12.	GEORGE STEWART	6:28:58	1974
13.	PETER MONAHAN	6:28:59	1977
14.	PHIL BISHOP	6:41:08	1977
15.	GENE SCHULTZ	6:41:11	1972
16.t	ED JEROME	6:53:13	1973
16.t	STEVE YATES	6:53:13	1973
18.	MICHAEL HILL	6:54:14	1976
19.	BILL LAWDER	6:56:07	1977
20.	MIKE SPINNLER	6:57:54	1977
21..	STEVE MOLNAR	7:03:07	1975
22.	ALEX KASICH	7:03:36	1977
23.	MARK MULLINEAUX	7:05:50	1977
24.	JAMES EBBERTS	7:06:41	1977
25.	JIMPATTERSON	7:07:34	1976

SUZUKO MEDAGLIA

1977

WOMEN'S

CHAMPION

8HRS 19MIN 7SEC



THE JFK-50 WOMEN'S ALL-TIME TOP 25

1.	SUZUKO MEDAGLIA	8:19:07	1977
2.	DONNA AYCOTH	8:26:07	1973
3.	SUE SHEPHERD	9:35:10	1976
4.	RUTH HAMILTON	9:47:27	1976
5.	VALERIE HARDIN	9:49:58	1973
6.	MARIAH SKINNER	9:58:35	1977
7.	MARTHA HAUVER	10:27:26	1975
8.	BARBARA MATTHAI	10:33:21	1977
9.	CONNIE REDDICK	11:07:16	1976
10..	ZANE REDDICK	11:13:02	1976
11.	BETSY RIES	11:18:18	1976
12.	MARY ROTZ	11:19:46	1976
13.	NAN SHEPHERD	11:24:10	1973
14.	BECKY TEMPER	11:38:41	1976
15.	LORRAINE HALL	11:45:52	1977
16.	MARLYS BRESLER	11:46:12	1975
17.	NANCY KEPLINGER	11:48:20	1975
18.	BURNIS HICKS	11:50:03	1973
19.	MELANIE MIKKELSEN	12:15:03	1971
20.t	SHARON MARK	12:21:27	1977
20.t	BARBARA STULL	12:21:27	1977
22.	JEAN PHILLIPS	12:43:46	1977
23.	WENDY SJOSTROM	12:47:27	1977
24.	LINDA PEARCE	12:54:02	1977
25.	MARY ANNE DONNELLY	13:02:31	1977

1 Mike Adams
2 Ed Ayres
3 Ray Bennett
4 Phil Bishop
5 Mike Boyer
6 Dick Burgee
7 Joe Butchko
8 Kim Byron
9 Roger Caris
10 John Cossick

11 Bob Ellis
12 Chuck Fitz
13 Carl Cornett
14 Jay Frantz
15 Dave Frye
16 Ed Hayden
17 Don Heimiller
18 Leo Henry
19 Bob Henscheid
20 Pat High

21 Courtland Howard
22 Randy Howard
23 John Kendall
24 John Kenul
25 Gene Kline
26 Bill Law
27 Don Marvel
28 John Massey
29 Ernie Medaglia
30 Suzuko Medaglia

31 Jim Mortenson
32 Bob Partlow
33 Bobby Redmon
34 Bob Rudolf
35 Fred Savitz
36 Lowell Showalter
37 John Snyder
38 Bob Stack
39 Larry Swanson
40 Charles Vallillo

41 Ron Zich
42 James Ebberts
43 Bill Lawder
44 Bruce Nystrom

101	JON ACTON	161	NORM CHRISTENSEN	221	ROBERT HALBROOK
102	MARIA ALBRECHT	162	DANIEL CLANEY	222	LORRAINE HALL
103	PEDRO ALBRECHT	163	TOM CLARK	223	DOUGLAS HAMEL
104	MICHAEL ALLEN	164	KEVIN CONRY	224	TIM HANCOCK
105	SIDNEY ALLEN	165	EDWARD CONWAY	225	ROBERT HARBOUR
106	TODD AMAN	166	MICHAEL COSTELLO	226	CARL HARRIS
107	DAVE ANDERSON	167	DANIEL COX	227	SCOTT HARRIS
108	DAVID J. ANDERSON	168	HAROLD CRAMER JR.	228	KEITH HARVEY
109	MELVIN ANDERSON	169	RALPH CULLER	229	JIM HATCHER
110	PAUL ANDERSON	170	JAMES CURRY	230	WESLEY HAWKINS
111	JOHN APGAR	171	JEROME DANOFF	231	RANDALL HAWTHORNE
112	GEORGES AUCHET	172	ANDREW DAVIS	232	CHARLES HAYNES
113	DOSS BAKER	173	JAMES DAVIS	233	ROBERT HELFRICK
114	ERNEST BARNHART JR.	174	DONALD DEMPSEY	234	GARY HENNING
115	WILLIAM BATTAGLIA	175	ROBERT DETROW	235	HOWARD HENRY
116	JOSEPH BAUMMER	176	FRED DEUTSCH	236	MITZI HENSCHIED
117	LESLIE BEAVERS	177	LARRY DICKERSON	237	JOSEPH HERGET
118	DAVID BELLEMESE	178	RANDY DONAGHE	238	GAYLAND HEVERLY
119	ROGER BERGMAN	179	RONALD DORN III	239	DERMOTT HICKEY
120	ROWLAND BETTIES	180	MARK DORSET	240	MICHAEL HIGH
121	ALEXANDER BEZGIN	181	KEVIN DOWLING	241	EDWARD HIGHTOWER
122	LEON BIERBOWER	182	WAYNE DOWNING	242	JOHN HILL
123	RICHARD BISHOP	183	JAMES DUBIK	243	CARROLL HIRSS
124	PETER BJARKMAN	184	EARL DUFFEY	244	CHARLES HOOVER
125	ROBERT BLAIR	185	LEILAND DUKE	245	JOHN HOOVER
126	DONALD BONKOWSKI	186	MIKE EARP	246	JOHN HUCKABY
127	PENELOPE BOOTH	187	RANDALL EDDY	247	SHANE HUTTON
128	ALFRED BOVE	188	CHERYL ERICSON	248	TONY IMHOF
129	FRANK BOYER	189	DAVID ERICSON	249	CLIFF IZER
130	BENJAMIN BOYES	190	ALEC EVANS	250	MICHAEL JOHNSTON
131	JEAN BOZMAN	191	DENNIS EVANS	251	RUSSEL KELLER
132	WILLIAM BOZMAN	192	JAMES FARLEY JR.	252	MARK KELLY
133	JAMES BRADNER III	193	GLYNN FIRMIN	253	JOHN KENNEDY
134	JOSEPH BRILLHART	194	DANIEL FLEMING	254	NANCY KEPLINGER
135	DANIEL BROUNS	195	EDWARD FOLEY	255	PAUL KEPLINGER JR.
136	BARRY BROWN	196	BARBARA FORD	256	BONNIE KEY
137	DONALD BROWN	197	LINDA FORD	257	ROBERT KINNECOME
138	KEN BROWN	198	ROBERT FOUT	258	ROGER KNIGHT
139	CHARLES BUGAY	199	HAROLD FREEMAN JR.	259	DAVID KOLK
140	KIRK BURGEE	200	HAROLD FREEMAN SR.	260	STANLEY KONSKI
141	MARTHA BURKETT	201	BARBARA GARNER	261	ALAN KOSSOW
142	ROGER BURKHART	202	WILLIAM GARVIE	262	BRUCE KRAFT
143	RONALD BYRD	203	KEVIN GEORGE	263	ROBERT KRAMER
144	CHRISTOPHER CADIZ	204	RONALD GEPHART	264	MARVIN KRANZ
145	JAMES CALDWELL	205	STEVE GERSTEN	265	JOSEPH KRAVINSKY
146	JAMES S. CALDWELL	206	DAVID GILBERT	266	JOHN KURT
147	TIMOTHY CALDWELL	207	ROBERT GINSBERG	267	FRITZ LEBOW JR.
148	BRUCE CAMERON	208	KEVIN GLADD	268	JOE LEDERLE
149	CAMERON CAMPBELL	209	JAMES GLEASON	269	ROBERT LEMMERMANN
150	ERIC CAMPBELL	210	EDWIN GLENN JR.	270	JAN LEVIN
151	LARRY CAMPBELL	211	ROBERT GOLDEN	271	ELVIO LEVRI
152	KENNETH CANNON	212	RICHARD GOOD	272	DENNIS LEWIS
153	JACK CANZANO	213	ROBERT GRALLEY	273	JAMES LEWIS
154	PAUL CAPPER	214	MICHAEL GREENE	274	JOHN LEWIS
155	JAIMIE CARDENAS	215	ROBERT GREENSPUN	275	LAWRENCE LEWIS
156	JAMES CARLISLE	216	JAMES GRIGG III	276	PAUL LEWIS
157	GERALD CASTLE	217	RUSSELL GROCKI	277	JOSEPH LINK
158	DANIEL CHAPMAN	218	HARRY GROVE	278	CHARLES LIPPERT
159	ERNEST CHIZMAR	219	GARY GUARDIA	279	RICHARD LONG
160	YONG-SOK CHOI	220	RAMON GUERRERO	280	DAVID LONGLEY

281	ROBERT LOPEZ	341	EDWARD RALEY	401	ROY TAYLOR
282	RICHARD LOREY	342	ANDREW RAPAVI	402	ROY THOMPSON JR.
283	LING LOUIE	343	ZANE REDDICK	403	JOHN TORSACK
284	JAMES LYNAM	344	CONNIE REDDICK	404	CHARLES TROSTLE
285	CALVIN MAHANEY	345	LEONARD REDDICK	405	JOSEPH UDOVICH
286	JOHN MAHER III	346	HARVEY REISENWEBER	406	BRADLEY VAN HAZEL
287	RICHARD MALVESTI	347	BARBARA RETORICK	407	STEVEN VAUGHAN
288	HOWARD MANGAN	348	LARRY RICHARDS	408	JOE VELARDE
289	VINCENT MARCELJA	349	RONALD RICHARDS	409	FRANK VERDI
290	NORMAN MARQUESS	350	RAYMOND RICKETT SR.	410	TERRY VERMILLION
291	EVERETT MARSH	351	GEORGE ROBERTSON	411	DAVID VIEN
292	JAMES MARSH	352	PAUL ROBERTSON SR.	412	DANIEL WAGNER
293	CRAIG MARTIN	353	JOSEPH ROPER JR.	413	JOSEPH WAGNER
294	RANDALL MARTIN	354	JOSEPH ROPER	414	JOHN WALTER
295	ROGER MARTIN	355	NICHOLAS ROSATO	415	FRED WANDEL
296	SHERYL MASIELLO	356	DUANE ROSENBERG	416	CHARLES WARNER
297	EDWARD MATHES	357	CHERELL ROSENSTEIN	417	DAVID WEARY
298	PAUL MATTHAI	358	JAMES RUSSELL	418	SHERON WEARY
299	DONALD MATTMUELLER	359	JAMES SAYLER	419	SCOTT WEAVER
300	ROBERT McCUBBIN JR.	360	FRANKLIN SCHAEFFER	420	RONALD WELSH JR.
301	GLENN McCURDY	361	STANLEY SCHELL	421	DONALD WEST
302	BYRON McNELLY	362	ROBERT SCHLEIGH	422	ERNEST WEST
303	DONALD McNELLY	363	CARL SCHNEIDER	423	THOMAS WHITAKER
304	RICHARD McNELLY	364	JEFFREY SCHNURR	424	MARK WIGTIL
305	JAMES McVAY	365	FRED SCHUMACHER	425	HENRY WILKENS JR.
306	DAVID MIKE	366	CARROLL SCOTT	426	HOWARD WILLIAMS JR.
307	THOMAS MILLER	367	DWIGHT SCOTT	427	JAMES WILLIAMS
308	LARRY MILLS	368	ERIAN SCRIVENS	428	RONNIE WILLIAMS
309	CLIFTON MONTGOMERY	369	JAMES SHANE	429	ROBERT WILT
310	JAMES MONTGOMERY III	370	LARRY SHANK	430	DEAN WINNING
311	MARY MOORE	371	AUDRY SHAWVER JR.	431	TOM WINTER JR.
312	ALTON MORGAN JR.	372	ROBERT SHERMAN	432	TOM WINTER III
313	CRAIG MORRISON	373	MARK SHOCKEY	433	JOHN WITKOWSKI
314	SCOTT MOWEN	374	CAROLYN SHOWALTER	434	EVERETT WOO
315	NORMAN MEYER SR.	375	LAWRENCE SIPOS	435	ANN WOOD
316	THOMAS MULLANEY	376	DEREK SKANES	436	GEORGE WOOD
317	KEVIN MURRAY	377	CHARLES SLAVENS	437	JAMES WOODS
318	JESSE MYERS III	378	WINFRED SMEDLEY JR.	438	DENNIS WOOLAVER
319	GEORGE NAVADEL	379	CLATER SMITH	439	ROGER WORTHINGTON
320	MICHAEL NEELY	380	JAMES SMITH	440	NICHOLAS YANCICH
321	JOHN NENDORP	381	MICHAEL SMITH	441	DAVID YOUNG
322	DAVID NICKEL	382	JIM SMITH JR.	442	RONALD YOUNG
323	HAROLD NIEBEL JR.	383	RALPH SMITTEN	443	JOHN ZDENEK
324	MICHAEL NOLAN	384	GERALD SNYDER	444	JOHN ZETTLEMOYER JR.
325	RAYMOND OLFKY	385	ROBERT SOLLENBERGER	445	JAMES ZUCCO JR.
326	CHRIS OLSON	386	WALTER STEVENS	446	ANNE ZUMBACH
327	SCOTT PALMER	387	JOHN STEWART JR.	447	WARNER ZUMBACH
328	EVAN PARKER	388	ROBERT STEWART JR.		
329	HAROLD PERESCHUK	389	STEPHEN STEWART-HILL		
330	LARRY PERESCHUK	390	DOUGLAS STINE		
331	LLOYD PETERS JR.	391	LEO SUES JR.		
332	JEAN PHILLIPS	392	DANIEL SULLIVAN		
333	WILLIS PHYSIOC	393	WILLIAM SURRIDGE JR.		
334	HUGH PLACE	394	RANDALL SWINK		
335	JANET POMERANZ	395	ROBERT TAGG		
336	KALMAN POMERANZ	396	BARBARA TAYLOR		
337	LAWRENCE PREVATTE	397	CHARLES TAYLOR		
338	CHARLES PUSATERI JR.	398	HARRY TOYLOR JR.		
339	RICHARD RAINES	399	MICHAEL TAYLOR		
340	BARRY RALEY	400	MICHAEL L. TAYLOR		

448	George Baker
449	Kevin Boreen
450	Goodloe E. Byron, Jr.
451	Patrick Dennis
452	Douglas Early
453	Michael Finley
454	Billie J. Graham
455	William J. Graham
456	John Gracey
457	Richard Johnston
458	David Kacebo
459	William Kauffman
460	L. J. Kimball
461	Jerry Lewis
462	Sharon Mark
463	Herb McMillan
464	Clayton Miller
465	John Mullin
466	Dean Powell
467	Charles Rector
468	Howard Reynolds
469	Joe Revell
470	Kenneth Ritz
471	Normal Stead
472	James Staudt
473	Steven Veit
474	Keith Ware